

2012 MIAC Women's Swimming and Diving Awards

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ST. PAUL, Minn. -- The 2012 MIAC Women's Swimming and Diving Awards were announced Saturday, following the final session of the 2012 MIAC Swimming and Diving Championships at the University of Minnesota Aquatic Center. St. Olaf and St. Thomas swept the top individual awards.



MIAC Women's Swimmer-of-the-Year honors were claimed by St. Olaf junior Meghan Weiss. The Oles' star won three individual events at the MIAC meet, including two for the second year in a row. She finished first in three freestyle events, the 100-, 200-, and 500-yard freestyle races, while also anchoring St. Olaf's championship team in the 400-yard freestyle relay. In all Weiss, earned seven All-Conference honors throughout the 2012 Championships.

Her coaches were also honored for St. Olaf's performance as Dave and Bob Hauck shared MIAC Women's Swimming Co-Coaches-of-the-Year honors following the Oles second-place showing. St. Olaf pushed three-time defending champion throughout the meet, and the team won six individual events over the course of the weekend.

Both top diving honors were claimed by the Tommies as Jennifer Easton was named the MIAC Women's Diver-of-the-Year and her coach, Mark Dusabeck, earned MIAC Diving Coach-of-the-Year honors. Easton claimed the conference championships on both the 1-meter and 3-meter boards, including a new MIAC meet record score of 457.25 on the 1-meter board. Dusabeck was honored for his combined work with Easton and men's 1-meter champion Nick Johnson.

In addition to the individual awards, the members of the 2012 All-MIAC Sportsmanship Team were also announced and honored Saturday, and are listed below. This marks the sixth-straight season an All-Sportsmanship team was recognized as part of a conference-wide sportsmanship initiative. The members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrated ideals of positive sportsmanship both on and off the field of competition.

Throughout the 2012 MIAC Swimming and Diving Championships, the top eight finishers in each event were recognized with a podium awards ceremony shortly after the conclusion of each race. The top three finishers in each event received MIAC All-Conference honors, and were awarded with a medal to recognize their achievement. The 2012 MIAC All-Conference honorees are listed below, by finish and event.

For complete details regarding the 2012 MIAC Swimming and Diving Championships, including results, recaps, photo galleries and archived video, visit the event's home page.

2012 MIAC Women's Swimming and Diving Awards

MIAC Women's Swimmer-of-the-Year: Meghan Weiss (Jr., St. Olaf)

MIAC Women's Diver-of-the-Year: Jennifer Easton (Sr., St. Thomas)

MIAC Women's Swimming Co-Coaches-of-the-Year: Dave and Bob Hauck, St. Olaf

MIAC Diving Coach-of-the-Year: Mark Dusabeck, St. Thomas

2012 All-MIAC Sportsmanship Team

Augsburg - Maggie Royce (Fr., Watertown, Minn./Watertown-Mayer)

Carleton - Maggie Alexander (Sr., Tigard, Ore./Tualatin)

Concordia - Jessie Obrecht (Sr., Havre, Mont.)

Gustavus - Mary Jo Behr (Sr., Grand Rapids, Minn.)

Hamline - Hannah Hankins (Fr., Mankato, Minn./West)

Macalester - Alese Halvorson (Fr., Maple Grove, Minn./Wayzata)

Saint Benedict - Sarah Krantz (Sr., Richfield, Minn.)

St. Catherine - Melanie Mass (Jr., Elk River, Minn./Fridley)

Saint Mary's - Nikki Farmer (Sr., Medford, Wis.)

St. Olaf - Anna Begin (Sr., New Hope, Minn.)

St. Thomas - Mariann Kukiela (Fr., Shoreview, Minn./Mounds View)

2012 MIAC Women's Swimming and Diving All-Conference Team

50-yard freestyle

1. Sophie Pilhofer (Jr., Carleton) 23.81 B
2. Kelsey Lucia (Jr., Gustavus) 23.83 B
3. Kristen Beste (So., Saint Benedict) 23.98

100-yard freestyle

1. Meghan Weiss (Jr., St. Olaf) 52.14 B
2. Sophie Pilhofer (Jr., Carleton) 52.79
3. Milana Socha (So., Carleton) 53.06

200-yard freestyle

1. Meghan Weiss (Jr., St. Olaf) 1:51.72 ST11 R
2. Katie Olson (Fr., Gustavus) 1:53.95

3. Milana Socha (So., Carleton) 1:54.70

500-yard freestyle

1. Meghan Weiss (Jr., St. Olaf) 4:57.40 ST11 R
2. Alissa Tinklenberg (So., Gustavus) 4:58.42 ST11
3. Maggie Alexander (Sr., Carleton) 5:05.75

1,650-yard freestyle

1. Elise Guenther (Fr., St. Thomas) 17:46.56
2. Melissa Aune (Sr., Gustavus) 17:51.61
3. McKenna Jones (Fr., Gustavus) 17:56.62

100-yard backstroke

1. Alissa Tinklenberg (So., Gustavus) 56.48 ST11
2. Carolyn Bernhardt (So., St. Olaf) 57.77 B
3. Katie Kubat (Sr., St. Olaf) 58.49

200-yard backstroke

1. Alissa Tinklenberg (So., Gustavus) 2:00.99 M* A
2. Maggie Alexander (Sr., Carleton) 2:04.91 B
3. Annie Metcalf (Sr., Carleton) 2:05.67 B

100-yard breaststroke

1. Jennifer Strom (Fr., Gustavus) 1:04.60 ST11 M
2. Emily Punyko (Fr., St. Thomas) 1:05.34 B M
3. Maggie Boling (So., St. Olaf) 1:06.00

200-yard breaststroke

1. Maggie Boling (So., St. Olaf) 2:21.32 M* ST11 R
2. Emily Punyko (Fr., St. Thomas) 2:22.53 B
3. Jennifer Strom (Fr., Gustavus) 2:23.35 B

100-yard butterfly

1. Maria Kukiela (Fr., St. Thomas) 57.07 M* B
2. Sophie Pilhofer (Jr., Carleton) 58.17
3. Steph Korba (Sr., Gustavus) 58.31

200-yard butterfly

1. Lydia Feldman (Jr., St. Olaf) 2:08.97
2. Steph Korba (Sr., Gustavus) 2:09.13
3. Katie Bromback (Jr., St. Thomas) 2:09.22

200-yard individual medley

1. Lydia Feldman (Jr., St. Olaf) 2:08.38 B
2. Steffanie Jurusik (Jr., St. Catherine) 2:09.73
3. Steph Korba (Sr., Gustavus) 2:11.17

400-yard individual medley

1. Steffanie Jurusik (Jr., St. Catherine) 4:35.70 B
2. Abby Lyle (So., Gustavus) 4:39.70
3. Ellen Dean (So., Saint Benedict) 4:43.23

1-meter diving

1. Jennifer Easton (Sr., St. Thomas) 457.25 M
2. Molly Hansvick (Sr., Concordia) 383.65
3. Alissa Lager (Fr., Saint Benedict) 377.30

3-meter diving

1. Jennifer Easton (Sr., St. Thomas) 449.35 ST11
2. Renee' Jordan (So., Macalester) 438.90 ST11
3. Heather Funai (Fr., Gustavus) 361.20

200-yard freestyle relay

1. Gustavus (1:34.05) R
(Kelsey Lucia, Sarah Hund, Katie Olson, Alissa Tinklenberg)
2. Carleton (1:35.97)
(Sophie Pilhofer, Milana Socha, Maggie Alexander, Erin McDuffie)
3. Saint Benedict (1:37.06)

(Brita Skallbeck, Emily Roberts, Hailey Schweitz, Kristen Beste)

400-yard freestyle relay

1. Gustavus (3:29.74) ST11 R3
(Kelsey Lucia, Sarah Hund, Katie Olson, Alissa Tinklenberg)
2. St. Olaf (3:31.16) B
(Carolyn Bernhardt, Sarah Kemp, Katie Kubat, Meghan Weiss)
3. Carleton (3:32.46) B
(Sophie Pilhofer, Milana Socha, Erin McDuffie, Maggie Alexander)

800-yard freestyle relay

1. St. Olaf (7:40.78) B M
(Carolyn Bernhardt, Sarah Kemp, Katie Kubat, Meghan Weiss)
2. Gustavus (7:41.81) B M
(Kelsey Lucia, McKenna Jones, Katie Olson, Alissa Tinklenberg)
3. Carleton (7:50.89)
(Milana Socha, Erin McDuffie, Molly Spence, Maggie Alexander)

200-yard medley relay

1. St. Thomas (1:46.79) B
(Hayley Trace, Emily Punyko, Mariann Kukielka, Erin Hogan)
2. Gustavus (1:46.96) B
(Allyson Hanneman, Laura Drake, Steph Korba, Kelsey Lucia)
3. St. Olaf (1:48.71)
(Carolyn Bernhardt, Lindsey Lee, Lydia Feldman, Meghan Weiss)

400-yard medley relay

1. St. Thomas (3:52.70) ST11
(Hayley Trace, Emily Punyko, Mariann Kukielka, Erin Hogan)
2. St. Olaf (3:53.14) ST11
(Carolyn Bernhardt, Lindsey Lee, Lydia Feldman, Meghan Weiss)
3. Saint Benedict (3:59.20)
(Emily Roberts, Maria Gathje, Ellen Dean, Carolyn Triggs)

Key:

M - Meet Record; M - Conference Record; R - Repeat Champion; R3 - Three-time Champion; A - NCAA 'A' Qualifying Standard; B - NCAA 'B' Qualifying Standard; ST11 - 2011 NCAA Selection Time.*